



Little Beginnings

Helping your toddler feel safe, confident and at home in their Montessori environment

Starting something new is a big step for little people.

Some toddlers walk in happily, some need time, and many do a little of both. Our aim is to build a warm, predictable bridge between home and the Montessori environment.

Separation anxiety

Keep goodbyes warm, calm and brief. A confident goodbye helps your child understand that you trust the adults caring for them. Avoid slipping away unnoticed.

Try: "I know you're feeling sad. You are safe. I'm going now and I'll come back after your morning."

Changes to routines

Toddlers thrive on predictability. Keep mornings as consistent as possible: wake, dress, breakfast, goodbye and arrival in a familiar rhythm. If something will change, tell your child simply and ahead of time.

Settling into the environment

Your child may observe before joining in, repeat the same activity, stay close to an adult, or become tired after a session. These can all be normal parts of settling. Give them time to build trust, relationships and confidence at their own pace.

How you can help

- **Talk positively** about school and the people who will care for them.
- **Practise small separations** with trusted family or friends.
- **Encourage independence** at home: shoes, coat, carrying a small bag, tidying.
- **Allow extra time** in the morning so there is no rush.
- **Welcome emotions** without trying to fix them immediately.

A few gentle reminders

Keep the goodbye	Short • Loving • Consistent
Bring a familiar comfort	A small, agreed comfort item can help bridge home and school.
Keep home calm after a long day	Your toddler may need extra closeness, rest and quiet time.
Share what helps	Tell us about your child's interests, words, routines and ways they settle.

*"The goal is not to make separation emotion-free — it is to help your child discover: **I can be sad, I can be safe, and I can settle.**"*

Wee Pals Montessori • We are here to work in partnership with you. Please speak with us about your child's settling-in journey — every child is unique, and every beginning takes its own time.